

BC Regional Native Plant Resources

This list includes field guides, websites, native plant nurseries, native plant gardens, and other resources that help support learning about native plants, Indigenous Knowledge of native plants, and how to create a native plant garden. Many of the native plant nurseries and gardens listed here also have education programs or consultants in restoration. Let us know at education@bcinvasives.ca if you have other recommended resources from your region of BC and we will update this list.

April 2025

Lower Mainland and Fraser Valley

- » [Coast Salish Plant Nursery](#) (Wild Bird Trust of British Columbia; North Vancouver)
- » [NATS Nursery Ltd. - Native Plants](#) (Langley)
- » [Peel's Nurseries](#) (Mission)
- » [PlanBee Native Plants For Pollinators](#) (Langley)
- » [Where to Buy Native Plants in Metro Vancouver](#) (Invasive Species Council of Metro Vancouver)
- » Native Plant Sellers, [interactive map](#)
- » [Grow Green Garden Design](#): Interactive garden design ideas for Vancouver region (select *Narrow Results* and *Benefits: Support Native Plants*)

Southern Vancouver Island and Gulf Islands

- » [Garry Oak Ecosystem Recovery Team - Where to buy native plants on Southern Vancouver Island](#) and [Victoria Native Plant Study Group - Where To Buy Native Plants](#).
- » [Satinflower Nurseries](#) (Metchosin and Saanich)
- » [Nanaimo & Area Land Trust- Native Plant Nursery](#)
- » [Streamside Native Plants](#) (Bowser)
- » [WSAANEC Ethnobotany Trail \(PEPAKEN HÁUTW Foundation\)](#)
- » Royal BC Museum Native Plant Garden (Victoria): [brochure](#)
- » [Swan Lake Christmas Hill Nature Sanctuary](#) (Victoria) – native plant garden and plant sale
- » [Native plant garden brochure for the south coast](#) (CRD)
- » [Gardening with Nature](#) guides (Habitat Acquisition Trust)

Coastal BC Plant Books

- » *Food Plants of Coastal First Peoples*. 1995. Nancy J. Turner. Royal British Columbia Museum Handbook.

- » *Held by the Land: A Guide to Indigenous Plants for Wellness*. Leigh Joseph. Wellfleet Press. 2023
- » *Luschiim's Plants: Traditional Indigenous Foods, Materials and Medicines*. Luschiim Arvid Charlie and Nancy J. Turner. Harbour Publishing. 2021.
- » *Native Plants in the Coastal Garden*. Pettinger, April and B. Costanzo (2003). Timber Press, Oregon.
- » *Plants of Coastal British Columbia*. Pojar, Jim and A. MacKinnon (eds.). 1994. Lone Pine Press.
- » *Saanich Ethnobotany: Culturally Important Plants of the WSANEC People*. Nancy J. Turner and Richard J. Hebda. Royal BC Museum, 2019.

Okanagan, Southern Interior, and Kootenays

- » [Sagebrush Nursery](#) (Oliver)
- » [Nupqu](#) Native Plant Nursery (Ktunaxa Nation; Cranbrook, Fernie and Castlegar)
- » [Splitrock Environmental](#) (St'át'imc; Fraser Canyon near Lillooet)
- » [Kinseed](#) (Kootenays)
- » *Food Plants of Interior First Peoples*. Nancy J. Turner. 1997. Royal BC Museum Handbook.
- » *Plants of Southern Interior British Columbia*. Parish, R., R. Coupé, D. Lloyd (eds.). 1996. B.C. Ministry of Forests and Lone Pine Publishing, Vancouver.

Northern BC

- » [Twin Sister Nursery](#) (The Saulneau First Nations and West Moberly First Nations)
- » *The Boreal Herbal: Wild Food and Medicine Plants of the North*. Beverly Gray. Aroma Borealis Press, Whitehorse, 2012.
- » *Plants of Northern British Columbia*. Pojar, Jim and A. MacKinnon (eds.). 1992. Lone Pine Press.
- » *Plants of the Western Boreal Forest and Aspen Parkland*. Johnson, D., L. Kershaw, A. MacKinnon, J. Pojar. 1995. Lone Pine Press.

Province-Wide Field Guides and Resources

- » [NATS Nursery Ltd. - Native Plants](#) Located in Langley but has plants native to all regions and habitats of the Pacific Northwest. Try their [plant search](#) by habitat, soil type, light requirements, and more to discover some native plants in your area.
- » [Field Guide to Noxious Weeds and Other Selected Invasive Plants of BC](#). Invasive Species Council of BC and British Columbia Inter-Ministry Invasive Species Working Group. Available for sale or as a free download.
- » [Gardening for Wildlife](#) (Canadian Wildlife Federation)
- » [Grow Me Instead](#) (ISCBC) non-invasive alternatives to the most commonly sold and planted invasive plants.

- » [Habitats at Home: Make Naturescape Habitats](#) (HCTF Education)
- » [Naturescape Plant and Animal Regional Guides](#) (HCTF Education)
- » [People and Plants- Field ID Cards](#) (HCTF Education) Available for sale or as a free download.
- » [PlantWise](#) program (ISCBC) to grow an invasive-free garden
- » [Tree Book: Learning to Recognize Trees of British Columbia](#). Parish, Roberta and Sandra Thomson. Canada-British Columbia Partnership Agreement on Forest Resource Development. 1994. Available for sale or as a free download.
- » *Trees, Shrubs, and Flowers to know in British Columbia and Washington*. Lyons, C.P. and B. Meriless. 1995. Lone Pine Press, Whitecap books, North Vancouver B.C.
- » *Plant Technologies of First Peoples in British Columbia*. 1998. Nancy J. Turner. Royal British Columbia Museum Handbook.