

Welcome to Kelowna!

UBC Okanagan is situated in the beautiful Okanagan region, in the traditional, ancestral, unceded territory of the Syilx Okanagan nation. The region offers plenty of activities to enjoy year-round! Whether you're interested in outdoor adventures or indoor activities, we've compiled a list to help you experience everything Kelowna has to offer.

Walking-Distance (2-3 km)

Outdoors:

1. **Pine Loop Trail:** Located on the western part of campus, the trail is 1.7 km and allows access to other trails around Robert Lake Regional Park and Quail Ridge.
2. **Snowberry Loop:** A 1.55 km paved path connecting several campus buildings together. This trail offers views of the country community Ellison across the valley.
3. **Old Pond Trail:** Just under 1 km, the trail loops around a pond within the forest, near the campus core. The trail connects to the Learning Garden, the University House, and the Fire Pit.
4. **Juniper Trail:** This is a 1 km trail that connects Snowberry Loop and Pine Loop Trail. This trail links the Okanagan campus with Aberdeen Hall.
5. **Quail Ridge Linear Park:** Located near campus, can be accessed from Pine Loop trail. The park offers walking paths between Quail Ridge and UBCO.

Indoors:

1. **Comma Cafe:** Located in The Commons near the Okanagan Library, this coffee shop offers coffee, hand-crafted sandwiches, salads made with locally sourced ingredients, house-made pastries, and more.
2. **Orchard:** UBCO's convenience store, offering a selection of treats, basic groceries, and essentials. The store is located on the main floor of Nechako Residence, near the University Centre (UNC) and the Student Housing Desk.
3. **Pritchard Dining Hall:** Offers an all-you-care-to-eat experience with a large selection of food options available. The dining hall is in the Nechako building, close to UNC and Student Housing Desk.
4. **Rocket:** Located in the Engineering, Management and Education Building (EME), Rocket serves a range of healthy, nutritious and fresh salads, sandwiches, bubble teas, and curries.

Driving-Distance (5-25 min)

Trails and Parks:

- 1. Knox Mountain Park (15 min drive):** A great hiking spot offering [multiple trail options](#) of varying difficulty and viewpoints along the route.
- 2. Spion Kop (16 min drive):** There are moderate to difficult hikes in the area. The trail to the peak of Spion Kop mountain offers a wonderful view of the Okanagan valley.
- 3. Stuart Park (16 min drive):** This popular waterfront park in downtown Kelowna features the iconic [Bear](#) sculpture and an outdoor skating rink in winter.
- 4. City Park (17 min):** A beachfront public park on Okanagan Lake with a long sandy beach, lawn bowling, children's waterpark (closed in winters), playground, picnic area, mobile and static concession stands, skateboard park, running track, and a sports field.
- 5. Waterfront Park (17 min):** Located in the city center, Waterfront Park has a broad boardwalk along the water that connects to City Park. It has gardens, public art, beaches and city views.
- 6. Lebanon Creek Greenway Regional Park (25 min drive):** A 3.2 km hike (one-way) trail that connects Lakeshore Road to Johns Family Nature Conservancy Regional Park. This trail offers lake and city views, access to Cedar Mountain's 80 m tall rock face!

Entertainment:

- 1. Scandia Golf and Games (5 min drive):** Located Hwy 97 N, offering arcade and games, outdoor mini golf, indoor jungle golf, go-karts, batting cages and more.
- 2. BNA Brewing Company (15 min drive):** Located in Kelowna's downtown cultural district, BNA is both a brewery and bowling alley. Bowling lanes can be reserved from 5:00 PM to 10:00 PM.
- 3. Westbank First Nation's Sncewips Heritage Museum (20 min):** Located in West Kelowna, the museum is dedicated to heritage and natural history of the Syilx/Okanagan People. There are 3 tour options, self-guided tour with no booking required, guided tour and community core tour, requiring booking ahead.
- 4. H2O Adventure + Fitness (25 min drive):** Located in South Kelowna, this facility offers an indoor water park with slides, a wave pool, and full-service gym.
- 5. Tour the Cultural District** to learn more about the art, culture, and heritage of Kelowna. Some of the City's cultural facilities include:
 - o **Kelowna Community Theatre** (including the Black Box Theatre)

- **Kelowna Art Gallery**
- **Okanagan Heritage Museum**
- **Okanagan Wine and Orchard Museum**
- **Okanagan Military Museum**
- **Rotary Centre for the Arts and Mary Irwin Theatre**
- **Okanagan Regional Library (Kelowna's Main Branch)**
- **Alternator Centre for Contemporary Arts**

Food:

1. **Coffee Shops** - there are many coffee shops to try out in Kelowna, here are a few options:

- **Sprout Bread:** Located downtown in Hambleton Galleries.
- **Pulp Fiction Coffee House and Robbie Rare Books:** A coffee shop and a bookstore located downtown.
- **Bright Jenny:** Located in the north end, offering coffee-tasting flights.
- **Bean Scene:** 3 different locations in Kelowna.
- **Bike Shop Café:** A bicycle-themed coffee shop located downtown, offering breakfast and lunch options.
- **Black Rabbit Coffee House:** Located in Playa Del Sol Resort in South Kelowna, this independent coffee shop supports other Canadian small businesses.
- **350° Bakehouse and Café:** Located in the District on Bernard, this coffee shop offers the best donuts in town!

2. **Ice Cream Shops** - for a sweet treat here are a few options:

- **Parlour Ice Cream:** Located downtown, handcrafted ice cream with local ingredients.
- **Moo-Lix Ice Cream:** Located downtown, it offers over 40 flavours and a unique family recipe for waffle cones.
- **Amore Mio Gelato:** Located downtown, it offers Italian artisanal gelato.
- **La Diperie Ellis Park:** Located downtown, award winning ice cream offering over 30 different dips made with real chocolate.

3. Restaurants - Kelowna offers a variety of dining experiences, below are some options for local sustainable restaurants:

- **Summerhill Pyramid Bistro:** The bistro is in Summerhill Pyramid Winery and wine tastings can be paired with menu items. The ingredients come from an on-site garden or are locally sourced.
- **Home Block Restaurant:** Located in Home Block Vineyard, the restaurant offers natural cooking methods like their wood-fired grill fueled by timber from the local orchards and seasoned barrel staves.
- **The Broken Anchor:** Located next to Codfathers Seafood, this small seafood restaurant offers 100% sustainable seafood, including fish and chips and fish tacos.
- **Erica Jane:** Located between Water One towers in downtown Kelowna. The restaurant offers an elevated farm-to-table dining experience.
- **Krafty Kitchen + Bar:** Located in a brick building near City Park. The restaurant offers locally focused, farm-to-table cuisine. They also have a variety of brunch options, including big brunch bowls and egg bennies.
- **Old Vines Restaurant:** Located in Quails' Gate Winery, the restaurant offers local food and wine experiences.
- **Waterfront Wines:** Named Okanagan's Best Restaurant 11 years in a row, the restaurant offers a high-end menu with wine pairing in mind.
- **Mount Royal Bagel Factory:** The menu features a variety of bagel bread options, an assortment of cream cheeses, and a variety of toppings. You can choose between sweet or savory options.

To check out more indoor and outdoor activities around Kelowna, follow the link below:

<https://www.tourismkelowna.com>