



Items you are looking for include (but are not limited to): Clothing, shoes, bottle caps, PPE (masks and gloves), food wrappers, plastic straws, feminine hygiene products, balloons and many more! Don't forget, you can add as many lines as you need to.

Some questions to consider after you have finished sorting:

- » At the time of the audit, how plastic wise were you?
- » How many days of garbage are you looking at?
- » How many people contribute to this garbage?
- » What plastics show up the most in your garbage?
- » What goals can you set for yourself to reduce them?



## AFTER THE AUDIT

Now that the audit is complete, did you find anything that surprised you? Now is the perfect time to set some reduction goals to really pull the plug on plastic. Need some inspiration? Here are some ideas to help you get started:

- » Love going out for coffee or tea? Instead of using plastic-lined disposable cups, bring your own mug!
- » Wanting to try that new takeout restaurant? Bring your own reusable container!
- » Love water? Use a reusable water bottle instead of purchasing a single use plastic bottle.
- » Shred the six-pack! Opt for a soda brand that uses compostable rings or buy a 2L bottle to avoid unnecessary waste.
- » Banish sandwich baggies! Instead purchase reusable bags. Many reusable sandwich bags are dishwasher friendly, making cleanup a breeze!
- » Mastered these sustainable ways of living? Host your own plastic cleanup workshop!